

HUMOROUS GUIDE
TO
HOW
MEN CAN BETTER
UNDERSTAND
WOMEN



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INTRODUCTION

When it comes to how to understand women, the first thought that comes to mind is that women are the complex sex. However, it is difficult to imagine life without women, and no matter how hard it may be, one cannot but help try to understand women.

The reality is that most men make the mistake of assuming things on the basis of what they see. A woman's appearance may be completely contradictory to what she is inside. Women like to dress the way they want and in the way they believe brings out the best in them. Most women like to look feminine outside no matter what they are like inside.

The best advice on how to understand women is to remember that all women are not alike. They are individuals, just like men. Men understanding women is as difficult as it is other way round. Women too find it difficult to understand men.

If you want to understand women, listen to them. Now, listening does not mean that you keep watching television while she is pouring her heart out and telling you all about how she feels. To understand her feelings, you need to listen attentively, ask questions when need be, and apply you mind. This is of particular importance because there is a vast difference between how women and men feel and interpret situations.

Another thing that can help you understand women is to spend time with them. Make friends with women at work, try to meet as many as you can, or socialize with them. Do things to attract women and get them in your life. The more time you spend with then, the easier it will be to understand them. It goes without saying that to do that, you need to be comfortable in the presence of women and overcome the irrational fear of women.

Ask questions. Believe it or not, most women appreciate the fact that you are taking the trouble. Let her know that you know little about women and let your curiosity be your guide to understanding women. After that, you are on your own and it depends on you as to how you to analyze the information you gather firsthand.

Women do cry more and are more expressive. At the same time, women are more skilled than men when it comes to understanding the needs of other people, including their children.

Despite all this, it is still doubtful whether you will ever understand women fully. What is more important is to understand the woman who matters most to you, i.e. the one with whom you want to spend a lifetime.

I hope this guide will be able to teach you the secrets of how to understand women. I wish you the best.

Happy Reading.

CHAPTER 1

UNDERSTANDING WOMEN'S MIND

Have you ever been itching to get inside a woman's mind and know exactly what she's thinking? Well, mind reading isn't something you're going to learn in this book (sorry if you were expecting that). But as you're about to discover, most women are driven by the same basic motives. Once you know what they are, you'll be able to connect with just about any women.

Now, in case you haven't noticed this, women are different than us. Sometimes it's like they're from an entire other planet and they speak a different language. But understanding women isn't really that difficult, it's just different. It basically requires you to understand the two basic ways in which women think different than us.

1. How Women Get Their Way

Women don't influence others the same way men do. They can't. They're weaker than we are physically and for this reason, many men (and some women) assume this means that they can easily overpower a woman through intimidation.

This means that if a woman wants to get her way, she has to resort to other methods. The most common of these is through the manipulation of people's emotions. Aka: drama.

For example, when a woman gets mad at you when you don't do what she wants, claiming that you "made her mad." Did you really make her mad? No. She's a grown woman and she's in control of your emotions.

But men are real suckers for drama because they believe that they take responsibility for a woman's emotional states. They do things (or don't do them) to avoid "making" a woman feel sad, upset, jealous, angry, pouty, insecure, stupid or some other dramatic emotional state.

It's really kind of funny when you think about it. A woman can literally overpower a man using drama. And who can blame them? It's been their only option for a very long time.

They're not only physically weaker, but for thousands of years they've been deprived of the positions of authority and forced to resort to more unconventional ways of asserting power over men. And as I'm sure you've noticed, they've gotten this down to a science.

Now let's clear something up before we continue: there's really nothing wrong with manipulating people or with using drama to do it. We all use manipulation to get what we want. Some people call it inspiration or influence. But in any case, we're never forcing the person to respond to us.

In fact, men are more likely to use intimidation to get what they want, which is much more forceful than drama. So there's no point in hating women for using drama to get what they want. Instead, we're going to use this knowledge to increase your options for getting better results in your interactions with women.

And that begins with understanding this: you're never going to find a woman who is "drama free," there's no such thing. Women are addicted to drama because it's a means of getting what they want.

What you have to do as a man is learn how to deal with drama and keep women from using it to overpower you. And believe it or not, that's exactly what women really want from a man.

2. How Women Process Attraction

If that last statement puzzled you, understanding how women process attraction will clear up the confusion. This begins with understanding the one thing about women that most men have completely backwards: what women really want in a man.

First, if you've been asking women for advice on dating, that's got to stop right now because you're just going to drive yourself crazy. You might have already figured this one out.

Here's the bottom line:

Have you ever wondered why it doesn't seem that women know what they want from a relationship with a man? They tell you they want a nice man with good manners who knows how to treat a lady and who loves his mother. A man who's sensitive and

responsible and who opens the door for them, tells them how beautiful they are and is a great friend.

But then...

They fall madly in love with men who are unrefined, obnoxious, cocky, a bit childish and who you just look at and wonder:

"What the hell does that guy have going for him?"

Meanwhile, here you are being the nice man with good manners who knows how to treat a lady and who loves his mother. A man who's sensitive and responsible and who opens the door for her, tells her how beautiful she is and is a great friend.

And where does that get you? A place in her life as either a "great friend," or worse, she slowly writes you out of her life.

What in the world is that all about? You did everything according to the book. You were just the man that she said she wanted. How come you ended up in the friend's zone while watching her fall head over heels for that "other jerk."

It's because what women want isn't what they say they want. And the sooner you accept this, the sooner you can stop getting stuck in the "friend's zone." Now this shouldn't really surprise you. After all, doesn't almost everyone say they want things which are totally contrary to what their behaviors reflect?

How many people (men and women) do you know who want to be healthy but who eat foods which are full of sugars, unhealthy fats, sodium and preservatives? How many people do you know who want to be rich but who spend their money carelessly and who can't wait to get off work so they can go home to sit and watch TV for the rest of the day?

This is because in spite of how much people want to be rich and healthy, they're driven by deeper subconscious motives, which most people don't take the time to understand.

I don't say this to judge people. Most people are pretty clueless about the true motives behind their behaviors because they really believe themselves when they tell you what they want. But if you want to know the real story, look at their behaviors.

So if you want to know what women find attractive, don't listen to what she says...look at her behaviors. Believe it or not, there is something that "jerk" has that most women are drawn to like a moth to a flame.

They make women feel safe, and they excite them.

This is an irresistible combination, because security and excitement are two of the primary emotional needs which people seek out in romantic relationships. When a man meets these two emotional needs for a woman, he ignites a powerful subconscious attraction trigger which overrides a woman's reasoning mind.

Sound hard to believe? Just think about how men you've known who have abandoned their reasoning because of physical attraction to a woman. Think about how many people abandon their reasoning and eat foods that they know are bad for them because they taste good.

Think of how many people who know who spend their money on things they really don't need and end up broke, then go buy lottery tickets because they "want to be rich."

These are all examples of how our emotional drives beat our reasoning minds into submission. And this is why "jerks" (we'll call them Badboys) ignite subconscious attraction triggers which seem to contradict a woman's spoken desires.

How is this?

First of all, these "Badboys" are immune to being controlled by drama, and this makes them unpredictable which is exciting for women.

Think about it, how exciting is it for a woman when a man responds to her by doing whatever she wants because he's afraid of "making" her feel sad, upset, jealous, angry, pouty, insecure, stupid or some other dramatic emotional state?

As you can imagine, this is pretty boring. And the more attractive a woman is, the more accustomed she is to men bowing to her whenever she uses drama to control them. And frankly, she' okay with most men doing this because it gives her more power...she just doesn't date these men.

She dates the men who know how to take charge and who aren't intimidated by drama. And that's where the need for security and safety come in. Think about this: how secure does a woman feel to have a partner who she can bring into submission? Does this suggest that he's weak, insecure and submissive or powerful and confident?

Of course, most women would love to have a nice man with good manners who knows how to treat a lady and who loves his mother. A man who's sensitive and responsible and who opens the door for her, tells her how beautiful she is and who is a great friend.

But most men are either one or the other: the nice guy that women say they want, or the unrefined Badboy. Very few men can be both, and since the Badboy meets her need for safety and for excitement, she chooses him over the nice predictable man.

Now in case you missed the secret formula in hidden in the last two paragraphs, let me make this as clear as possible: Develop the Badboy's immunity to drama, and balance that with the manners, the sensitivity and the chivalry of the nice guy and you'll truly become God's gift to women.

CHAPTER 2

WHAT MAKES THE GENDERS SO DIFFERENT

Studies have demonstrated that men and women process thought and communicate differently, supporting the age-old 'Men are from Mars and Women are from Venus' saying. In contrast to their male counterparts, women are professionals at multi-tasking.

They can jot down notes on what groceries to buy for dinner, plan the evening meal, remember to pick up the kids after school and get them to their sport, pay their due accounts, manage to accomplish loads of washing and laundry while checking in on their friends or speaking to their mother over the phone.

By comparison, men think unilaterally, that is to say, that they progress from one thought process to another, usually flipping between subjects related to Sex or Sports, then back to Sex. As such, it can come as little surprise to learn that heterosexual couples often have heated debates that turn into arguments when women try to resolve matters by talking through them.

They often discuss multiple areas of dispute at once and men respond by shutting down because they feel overwhelmed by the discussion at hand and the amount of dialectal involved.

Communication can be Improved

Communication can improve, and relationships can run smoother if both men and women understand and appreciate the differences in the ways both genders complete their thought processes and communicate.

Women tend to juggle household chores, their career and child-rearing because they have historically taken on such jobs and have perfected them over time. Women have many responsibilities thrust upon them and have no viable option than to try to accomplish each task, two or three at a time.

Women perform these additional jobs and do so efficiently cementing their abilities to not only themselves but also their male partners.

As such, it is easy to understand why men and women have difficulty in resolving issues. They often sit down at the table, hoping to achieve some kind of resolution to a disagreement, only to leave it in frustration because neither party has acknowledged the problem, discussed the issue as each need to discuss, or come to any firm solution.

Why do men and women have so much trouble in communicating with one another?

Our biological make-up is responsible for the way in which we communicate, or fail to. Unlike men, women love to talk; it is their openness to frank discussions that allows them to grow a bond of intimacy.

By comparison, men feel overwhelmed by the issues that are raised and eventually tune out of the conversation. Both men and women would benefit from understanding these different approaches.

Clearly, Men and Women Think Differently

Simply, men can think or discuss only two or three things at once; they usually process slower than their female counterpart. Women can process faster and often between seven to nine things at once.

While women often complain their male partner is unable to communicate, men can communicate very well. Men require the safety and time to discuss an issue. Once they become overwhelmed with numerous issues, they shut-down due to their processing limit, not their lack of communication ability.

Communication is vital to maintaining a healthy relationship. Both genders perform communication tasks very differently. As such, heated arguments ensue. Couples would profit by grasping these differences, appreciating them, and moving on with their lives better prepared.

Couples need to discuss one point of discord at a time. Focus on the solution they want to achieve prior to speaking and less on the actual issue at hand. Once a solution can be prioritized then both partners can move toward resolving the issue.

Short, succinct and direct communication is best if a resolution is to be found. Providing a safe environment to discuss any matter is equally necessary.

A safe environment of calm, withholding derogatory comments or telling someone their feelings or perceptions are wrong provides this safety and permits each person to disclose their thoughts and feelings to each other.

CHAPTER 3

THE BIG PICTURE

You could strive to find a guidebook to understanding women, and you also usually finally come across one particular somewhere in a book store, on the internet, on the web, somewhere; but no one guidebook could maybe consist of anything that there's about understanding women.

Be careful, in the field are a great number of variables (that are a lot more practical than specialized) that it could be difficult to internalize most of them. A girlfriend after requested her boyfriend, how much do you understand me? He replied: "A number of weeks 100% in the period, other folks two%.", She replied: "Right reply."

The actuality is the fact that most males make the mistake of assuming points on the basis of what they see. A girl's look can be totally contradictory to what she inevitably is inside. Women like to gown the way in which they need and in the way they think brings out the perfect in them. Most women like to look feminine exterior no matter what they are like inside.

The most effective tips on how to understand women inevitably is to do not forget that most women are not alike. They are people, similar to adult males. In the market are similarities between them all, as in the market are with adult males. For a man to understand a female most often is as difficult as it can be other way round. Women as well discover it hard to understand adult males.

When you really want to understand women, listen to them. Now, listening won't imply that you maintain watching television set even though she always seems to be pouring her heart out and informing you a lot of about how she feels.

To understand her emotions, you'll need to hear attentively, question questions when require be, and utilize you mind. This is of distinct relevance simply because there's a huge difference amongst how women and males feel and interpret scenarios.

One more matter that will assist you understand women inevitably is to devote time with them. Make mates with women at operate, check out to meet as many as you'll be able to, or socialize with them. Do factors to entice women and get them in your lifestyle.

The more time you expend with then, the simpler it might be to understand them. It goes without declaring that to try this, you may need to be snug inside the presence of women and overcome the irrational dread of women.

Inquire inquiries. Talk. Imagine it or not, most women recognize the actual fact that you just are taking the hassle. Permit her know that you choose to be aware of minor about women and allow your curiosity be your specific guide to understanding women. After that, you are on your own and it depends on you as to how you to evaluate the information you collect firsthand.

Women do cry extra and are a lot more expressive. They are the truth is considerably more emotional than guys. Women live in a life of thoughts and emotions as men usually do not.

At the exact same time, women are additional expert than adult males when it happens to understanding the demands of other men and women, in addition to their children and the emotional wants of others.

In the market may be some individuals instances in which you'll experience understanding women are past your capabilities but this isn't the case. Yes it is an indisputable fact that women and adult men are two unique species and so they behave otherwise from period to period.

You may ask the strategy to connection for equally always seems to be obviously different. But to make the connection works it truly is very important to have a know-how how the women think and procedure details

Some solutions for understanding women in dating relationships - Women are attracted to men what help source exhibit self-assurance. For that reason, you'll need to training and try out to glance your specific best; you are going to be amazed at how much your self-confidence most increase if you do it.

Watching that which you consume well now that you stay in good shape improves your self-confidence likewise as your wellbeing.

If you're trim and in great wellness, this will strengthen your specific self-self-assurance a lot mainly because currently being in a great physical condition could give you an edge. Next, it really is essential to refine your image.

Never ever neglect to go and obtain new garments to receive a new eye-pleasing appear. This may help you whenever you go out for a date or inside the process of building up interpersonal inter-activation together with your spouse. She will not want to be noticed with someone what individual often appears to be like the same on each and every day.

There is certainly a mistake several men make is that they be aware of how women think they usually understand women completely nicely in a relationship. Acquiring an understanding of how the women think and approach their emotions most of definite aid in building relationship.

The requirements of women most often is various and adult males have to understand the require that women want them to be loved and appreciated.

It truly is a indisputable fact that women need to understand which they are specific day-to-day in the lifestyle of a person and understanding this simple require and appreciated because of the guys will definitely boost the connection and make understanding women a a lot much easier task which in look usually make her satisfied and content

As a result the method of understanding women should start out from one simple reality. They are various from us and well now in the marketplace requirements and tastes and perceptive is bound to be different from us but there exists no explanation to fear, as women are basically logical and predictable but only whenever you understand how their minds work.

In dating websites and more serious online relationships, understanding women usually is however an additional matter altogether.

As women are sociable creatures by nature and in even online dating online relationships you should bear in mind of a number of pointers - Be real to who you are and opt for

clothes that are comfy in your type. If your date pays you a compliment for the cologne you are wearing, you have to wear it on your following two to 3 dates, after which put on a unique fragrance.

Your day might recognize the way you glimpse plus the image you undertaking. Be ready to attend social affairs and occasions like functions, singles nights at bars or every other occasion wherever singles may be.

Remember that you simply shouldn't constantly be available just about every time she calls, consider to perform a small bit and make her get much more fascinated about you by refusing some invites. Hardly ever power the connection, but simply just opt for to appreciate her company.

CHAPTER 4

WHY YOU NEED TO BE SENSITIVE WITH WOMEN

Understanding women is one of the most daunting tasks for men, and it's not a trend that just started in the 21st century.

The truth is, understanding women has always been a challenge for most men since the day of dawn, because men are created with very different mentalities from women. And because this fact will never change, understanding women will always have to be a skill that has to be learnt by men.

One of the best things you can do to understand women is to learn how to be sensitive with them, and that begins by first understanding why being sensitive with them is important in the first place.

Else, you'll never appreciate this aspect of understanding women.

There are many reasons, but the main reason would be that when a woman wants to consider a man to date, his sensitivity toward her matters a lot. In fact, if a woman can't see any sensitive sides to you, she is going to be put off. So in short, if you aren't sensitive with them, it's going to be a huge challenge to find a partner in life.

Next, what exactly is being sensitive in a lady's point of view? This is going to be important because you want to make sure you do what's right and not what's wrong. Simply put it, being sensitive toward women means being responsive to her, and to the things around you that matter to her. It's having a general sense of knowing what's going on in her life.

For example, if a lady makes a casual remark that she hasn't got time to get dinner because she's busy in the office, buying dinner for her voluntarily is going to leave an impact on her.

And to go one step further, even if it's a simple dinner takeaway, if it's something that caters to her likings, the impact left will be much deeper. Because not only did you show that you were aware she couldn't get dinner, but you showed you knew what she liked to eat.

Are you getting how being sensitive is like in understanding women? What else can you do?

To be honest, there are 101 things you can do for women to show your sensitive side. And because every woman is different, what you can do for a lady of your dreams can vary. However, remember that the same principle applies. Be aware of things that concern her, and do them when the opportunity arises.

And like I said before, there are many things you can learn with regards to understanding women, but one thing you must learn about is sensitivity. Get that right and you'll do well when flirting with women and asking them out for dates.

CHAPTER 5

STAGES TO UNDERSTANDING WOMEN'S BODY LANGUAGE

These four tips for dating women I'm going to give you are amazing at teaching you what clues you should focus on and what things to look for when trying to read women's body language. Try to learn these stages to understanding women's body language, it will be the best thing you can do to understand and deal with women efficiently.

There are a lot of tips for dating women and most of them will rarely deal with women's body language.

This is the reason I'm giving you these four essential stages, in order to give to you a great plan on what you should focus on to understand women's body language and more importantly to know what it means to you.

1. The first stage is about focusing on her hand

You need to keep attention where a woman's hand is pointing and most importantly, what is she doing with her hand? Women are mysterious if you don't possess the right guide to read their body language, by knowing about this secret, women will reveal themselves to you without them knowing.

When a woman is putting her hand in front of her, not moving, she is fully present with you.

This is a direct signal that her mind is fully present with you.

However, when she is scratching her head or fixing something about her appearance while you are talking, this will definitively indicate that her mind is heading somewhere else. The next thing to notice about her hands is: is she playing with her hair or touching her lips and other parts in her face?

If she does one of those, it's a fantastic sign that shows that she likes you and that you should do more of what you are doing at that moment.

2. The second stage is all about her lips

This one is pretty obvious to most guys, yet they are rarely going to pay attention to it.

Why?

Because most guys can't dare look at a woman's face for a long time.

So, this part of her body is all about being daring with her.

There are only two signs associated with the lips:

The first one is her biting her lower lip, this will simply mean that she likes you and that she is thinking of you at the moment.

The second one is her lubricating her lips.

This again means the same thing, she likes you, but this one is a bit more obvious and sure.

3. The third stage in these tips for dating women is the face

The face is the body part you will have to focus the most on in order to understand women's body language. Women are so mysterious to many guys because they are unable to understand their gestures and behaviors. However, women will become very predictable to you if you can tell what their faces are telling you.

Here are some major signs in women's faces:

When a woman smiles at you, it means that she likes you and that's it, nothing else, no attraction is present at this stage.

When a woman smiles at you and looks down, this means that she likes you and feels attracted for you.

When a woman looks you in the eyes and smile a little at you, this means that she is highly attracted to you.

If a woman avoids eye contact with you, this is a sign that she isn't interested.

If a woman brushes her hair when with you, this means nothing, most people will tell you that it means this or that when in fact it's not a great sign and it means nothing for most women.

The second stage in these tips for dating women is the torso

Again, this is a very important stage that you need to know about in order to be able to attract women and to know what they think about you when you are with them.

The fourth stage is: the torso and the hands.

The very first thing you have to know about this body part of a woman is that it's very direct and very obvious.

I'll give you these simple instructions; you will have no issues in knowing what she thinks of you when she does the following:

If her body is turned towards you, she is interested in you.

If her torso is turned away from you, she isn't that interested or maybe feeling boredom.

If she talks and moves her hand a lot, she is excited about you.

If she touches you on the shoulders, hands, arms..., she likes you a lot.

If she hits you gently, she likes you a lot too.

4. The finale stage is about knowing what to do

What to do when a woman does these with you?

If you are unable to answer this question, you would have a lot of troubles attracting women and you wouldn't be able to attract them the right way, this chapter attract women with body language will give you details about what you should do with these body language features.

CHAPTER 6

KNOW WHAT THEY'RE REALLY THINKING

Understanding women can be very difficult for men. In fact, a sexy women can be very confusing and at the same time, truly intoxicating.

Haven't you asked yourself these questions at one time or another:

"Why does she push me away when I'm being nice to her?"

"How come she canceled our date last minute?"

"She flirts with me, but gets upset whenever I make my move. Is she just a tease?"

It's as if women delight in expressing something then twist 180 degrees and do the very opposite.

But look beneath the surface and you'll find that there's more to it than that.

Last night my brother Mike started to complain about a cutie he met a few nights earlier. He said she gave him all the right IOI's (Indications of Interest) but called off his date last minute. She wouldn't even return any of his calls and he had no clue as to why.

He told me all this because he was hoping for some advice.

I said "Sucks to be you". Then offered some advice.

I'll admit that you never know when a woman is going to flake on you or not.

But it's been my experience that the greatest difference between men and women is in how they look at various situations.

Women tend to use their emotions in decoding situations. For example: "OK he knows I'm hot, but will he like me for me? Let's find out..."

Oh yes, women, especially the HOT ones, will test you. That's OK. It just adds more spice to the game.

Guys, on the other hand, will try to use logic. (Until it comes time to approach, then they wimp out). An example: "She's flirting so she's gotta be interested".

Mike's girl started out interested when they met. But then tested him to check if he was the sort of guy that would be a challenge for her. In other words, was he a challenge?

Women do this because they WANT you to step up.

There is a precise emotional based reaction that take place and you need to create it in them or they will create it in you. That's the game. When a sexy girl cancels on you, what she is attempting to do is create a certain position in which she holds power. She needs to make you pursue her.

You need to turn the tables on her and have her pursue you. This is not a bad thing to do. Women actually want you to do this. Here is another key to understanding women. They are attracted to confident men.

To gain the upper hand in your relationships with sexy girls you need to become a strong and confident man in any situation:

1. Identify what moves the various girls you encounter
2. Realize when they are out to test you.
3. Make her earn your attention but don't snub her.

By understanding women, you really can control their actions.

You'll soon discover that by challenging a sexy woman in fun and flirty ways engages her emotions at a very high level and is enjoyable for both you and her.

CHAPTER 7

HOW TO KNOW IF SHE IS IN TO YOU

Unless you're a born mind-and-heart reader and are good at understanding women, you're not expected to know exactly how a woman feels, especially not if it's a question of whether she likes you as a friend or wants more than a mere friendship. Although you can watch out for signs, deciding how to take a friendship and with whom is ultimately her choice.

Having said that, take the following hints that women drop to men of their feelings and get started on how to know if a women likes you.

Understanding Women:

1. Furtive glances. You know you do it. When you like a women, you look at her when you think she's not looking. Newsflash: women do it, too. Pay close attention and see if you're lady friend has her eyes on you while carrying on a conversation with someone.
2. Eye contact. When speaking to a woman who likes you, she'd normally not be able to hold your gaze. Especially if she's a little shy. Eyes are the windows to your soul. So says the cliché. There's a measure of truth in it. Don't you feel like someone is looking inside of you when they look you in the eye?
3. Spontaneous gestures. women pay special attention to how they look, that's a fact. But if they're speaking with or are about to face a man they really like, they flick their hair unconsciously or square their shoulders absently. Or for those who really are into you, the gestures are more deliberate than spontaneous.
4. Extra attention. Women pay extra attention to men they like. If a woman notices things about you that others don't, raise your radars, especially if she notices how you like your coffee or how you eat your toast.

Most of us have peculiar mannerisms, tastes or preferences that go largely unnoticed by the world at large; only families we've lived with for most of our lives or long-time friends

know of these quirks. If a woman who doesn't fall in either category notices things that could be sign she likes you.

5. Secret smiles. We smile at people we know or like. For example have you seen a woman and you feel like her smile is solely meant for you. When she catches you looking at her and she gives you a small smile of acknowledgement instead of a reproving glare, you're definitely right to think she's into you.

How to know if a woman likes you and understanding women is rather tedious, don't you think? But you see, half the fun is in the excitement of guessing and hinting. You have to harness your sensitive side and feel your way through it sometimes.

But if the excitement is too much, there's one surefire way of knowing if a woman likes you - just ask. Yes, ask as in pop a question. But then, asking a girl a question of this nature is an art in itself. You don't want to put her on guard or make her feel threatened. So if you want an honest answer, learn how to ask a woman an honest question.

CHAPTER 8

WHY ARE WOMEN SO COMPLICATED?

Why are women so complicated?

Why do nice guys always seem to finish last?

Why do women like some guys better than others?

Trying to get a girl to like you; or to understand why a girl you like didn't like you back can really suck. So can never finding a woman who wants to date you, or understanding why women never seem to mean what they say.

The only thing you certainly DO understand is - women are COMPLICATED.

You meet a woman who seems to like you and tells you you're a great guy. You see her regularly and start hanging out with her. You really like her so you get up the nerve to ask her for an actual date - and she turns you down.

Why? What did you do wrong? Or what could you have done differently?

Why do the women who genuinely like you never want to date you? Why do you keep ending up in the Friend Zone?

Attraction isn't a choice, and you know that's true. If a girl you liked well enough (but who didn't push your buttons) were to ask you for a date, you would be flattered, but it wouldn't make you say yes.

What's Going On?

Just because a girl compliments you and tells you you're a nice guy, it doesn't mean that she's into you. It's a sad, but tough fact of life that girls don't find men sexually attractive nearly as often as guys do girls. I know that for you guys it sucks, but it's just the way we're made.

In fact when a girl tells you you're a nice guy, warning bells should be ringing. It might be her way of telling you she likes you, but it's more likely her way of saying that she's never going to get hot and bothered about you.

The way girls communicate is very different from men. Girls are nurturers and carers, and they recoil from saying unpleasant things straight out. Instead they will try to soften the blow by saying something nice, and leave you to work out that the real truth lies in what they're NOT saying.

I bet that now you're shaking your head and saying 'I don't understand. That's gibberish'.

The thing is that girls hint at unpleasant truths far more often than saying them outright. Another girl will have no trouble picking up on the hint, and understanding the real meaning in what was said. Unfortunately girls expect men to be able to do the same.

Of course they can't - and don't.

So when a girl says 'You're a really nice guy' she's trying to let you down gently, because the unspoken ending to that sentence is often 'so I don't really know why I don't fancy you - but I just don't'.

And in case you're wondering, she really does mean the bit about thinking you're a nice guy. And she hopes it makes you feel a bit better.

Women don't understand men very well either.

How to Get a Girlfriend

You need to try to get a view of yourself as you might appear to a girl.

Most guys are remarkably sure that they are pretty terrific - and they can be astonished when girls don't seem to agree. But you, like everyone else, have your flaws.

A clever guy will learn from his more successful rivals.

So the next time a girl you like chooses to date someone else, don't just dismiss her as a fool and him as a jerk. Try to look at him more objectively and see what quality he had that fired her sexual imagination.

One mistake inexperienced guys can make is to try too hard. You don't have to be the coolest dude on the block to make it with girls. In fact, the more of an act you put on, the more likely she is to sense it and be turned off.

It's important to be yourself - but to make that your BEST self. Make an effort to look good and to keep your social graces up to scratch.

That means remembering your manners, being able to contribute to the conversation and showing a genuine interest in her. A lot of guys are not great talkers. But a man who can hold a great conversation with a woman will never go short of girlfriends.

Accept That Sometimes It Just Won't Work

Sometimes you have to accept that a vital spark is missing, no matter how well you get on together.

There's much more to a sexual and romantic connection than mere compatibility. Compatibility makes great friends, but you need chemistry for a relationship.

If you find yourself having the 'let's just be friends' conversation, don't agree to it unless it's genuinely what you want. Apart from setting yourself up for inevitable unhappiness, you may also be harming your future dating prospects.

The more you put yourself in the role of friend to a girl, the more natural and instinctive the role becomes and the easier it is to find yourself falling into that role over and over again.

Becoming a girl's friend isn't the way into her heart, although many men hope that it might be. When you play the part of friend and confidante, you are diminishing your masculinity because you are playing a girl's role. To attract a woman sexually you need to make her aware of your masculinity; to remind her that she is with a Member of the Opposite Sex.

It's this consciousness that creates sexual attraction. Make it clear that you are looking for a girlfriend, not another buddy. At the very least, it will remind her of what you are, and it may make her look at you in a new light.

Flirt with her, tease her and make her laugh, but don't cosy up to her and try to be her friend. Girls don't fall in love with their friends. They fall in love with men.

CHAPTER 9

THE CYCLES OF RELATIONSHIPS WITH MEN

When women deal with each other in relationship, they 'understand the language' and communicate through the cycles of a relationship flow much more effectual (notwithstanding the human failings in us all can affect the natural flow of female to female relationships).

Now, in the aspect of women to men relationships we can start from one premise.

Women need love.

Men need respect.

I know what you're thinking. "There is a lot more to it than that."

And you know, you're right. In fact you're so right, I'll be covering a lot more needs and issues that can come up in relationships between men and women and in the various levels of relationship that it will require more than one chapter.

Now, moving on. She needs love. She needs to be understood and communicated with in a very loving manner, as she determines in her heart and soul what this feels like to her. Remember, women are relationship and emotionally based. That is what makes Moms the Moms that they are. And women are the nurturers of the race.

So with that, women need love. Men need respect.

The respect side of a relationship with a man is simple: Work, financial successes, a place for the family that is secure enough for the woman to make a home. And so forth.

So, when a woman feels she is not getting the love she deserves, she may very well withhold the respect a man feels he deserves. And further, the man, not feeling the respect he deems he deserves, guess what? He withholds love to the woman that she feels should get, 'no matter what.'

So we have a negative cycle.

In order to come to a better point of understanding women and relationships, we want to approach this from another angle.

I want respect from a woman. Period. I deserve it. Well, the woman is saying I want love, as it is deeply ingrained in her heart.

So very simple, men, you want respect. As a man, show a woman love and you'll go far. Learn how to love the woman in the most kind, gentle, heartfelt and understanding way. Put your emotions aside, regardless of the argument at hand or the issues of concern. Simply love her. And be patient. She needs to understand you need respect.

At this point, after a number of positive loving gestures (and they don't have to be big ones, even the smallest gestures add up 'relationships points' faster than the largest ones), you should be able to communicate better with the woman in your life and teach her to understand how to show the you respect, as a man that you need.

CHAPTER 10

UNDERSTANDINGS WOMEN NEED FOR SUCCESSFUL NEGOTIATION

Women are learning the value of successful negotiation. However, men initiate negotiation four times more than women. Because of poor or nonexistent negotiation skills, women leave approximately \$2000 on the table when buying a car. Women are more pessimistic about the rewards of negotiation than men.

These and similar statistics are reflective of a woman not knowing her worth and having low expectations of her capabilities.

Before you begin the negotiation process and expect success, you need the following top 5 "negotiation" understandings to get what you want.

Accept the Right to Negotiate. Make the decision that you are worth protecting. That means stopping people from taking advantage of you. If you don't see your own value in having the right to win, then rest assured no one else will. You will constantly have an uphill battle.

Get Comfortable With Negotiating. Begin to understand that's how most of the world works - from selling cars to exchanging services. Get rid of any hang-ups you may have such as "I can't ask for what I want," or "I don't deserve what I want."

Going into any exchange with the attitude that you can and will negotiate for an outcome satisfactory to you is essential in negotiation success. Just ask any teenager.

Learn Your Opening. Practice your opening remarks when ready to negotiate: "You need to help me here," or "Let's talk about making this work for both of us." Plan your work and work your plan. Don't waste time getting hung up in situations where you aren't clear, don't have an agenda (yes, not all agendas are bad), and cannot express yourself adequately.

Another tip is to work at getting the other person to consider alternatives, ones that you propose. Become adept at your persuasion skills.

Don't Take It Personally. Negotiation isn't about getting the other person to think you are right. It's about getting the other person to support and help you achieve your goal. Keep your sights on the goal and don't let your immediate feelings get in the way.

Save the Emotions. Consistency is key here. A steady emotional response, positive or negative, is an asset in conditioning people to respond to you. Rely on their need to please. It's human nature.

All in all, women are no longer content to feel apprehension about negotiation. They are stepping forward with a new expectation of getting in the game and being a player to contend with.

CHAPTER 11

UNDERSTANDING WOMEN'S SEXUAL AND EMOTIONAL NEEDS

Sadly researchers are often just as impressed with far-fetched accounts of female orgasm as the general public. Academics debate pure conjecture such as 'female ejaculation' (copious quantities of vaginal juices produced by aroused females) based on age-old male fantasies and 'up suck' of sperm (pelvic contractions supposedly arising from 'vaginal orgasms') as if they are proven facts.

Most women ignore these myths fabricated by men but a few enjoy publicizing this flattering account of their sexuality.

Orgasm can be used as a defining aspect of men's sexuality because of the ease with which male orgasm can be objectively identified and linked with men's sexual behaviors. The same is not true for female orgasm.

One problem is the assumption that women experience orgasm in exactly the same circumstances that men do. Another is that female responsiveness is defined in terms of women's willingness to engage in sexual activities with a lover rather than their motivation to achieve their own orgasm.

Kinsey's work indicated that women orgasm once every 2 weeks versus men's 3 orgasms a week (men under age 30). Men slow down with age but even by 60, male orgasm frequencies have not fallen to female levels. Kinsey and Hite overestimated female responsiveness.

Their conclusions were incorrect not because their sampling methods were flawed but because they accepted what women said. They did not try to validate women's claims. For example, the anatomy involved in female orgasm has to be consistent for all women (regardless of sexual orientation) whether they are alone or with a lover (regardless of their lover's gender).

Heterosexuals obsess about female orgasm because it is elusive in reality. Similarly porn exaggerates women's responsiveness in order to maximize the turn-on for men. After all if porn reflected reality it would no longer be a fantasy.

A fantasy by definition is an embellishment or an exaggeration of reality. It is difficult to find a definition of sexual politics because the term encapsulates the unpalatable fact that: "Women can use sex to get what they want. Men cannot, as sex is what they want."

I know we all want a man to think us the sexiest thing in the world but it is not helpful to have female sexuality defined in such a way that most women refuse to comment. Men's politics is characterized by violent action; women's by manipulative silence.

But silence proves nothing. The evidence for female responsiveness needs to come from women who can talk confidently about their enjoyment of arousal (a response to erotic stimuli) and orgasm resulting from sexual activity they themselves initiate.

Men know what orgasm is from a young age but many women never discover orgasm. They have no way of knowing what orgasm is or how to achieve it either alone or with a partner.

One woman appreciated for the first time what orgasm was when she learned how to masturbate at the age of 28. She had always assumed that she experienced orgasm during sex but, in fact, she never had (see [How to use a vibrator to discover orgasm](#)).

It is difficult for men to appreciate that women do not have the same level of familiarity with their own sexual arousal and orgasm that men do. Women are certainly capable of orgasm but it does not happen spontaneously. Women have to learn how to orgasm.

Women today are told that female orgasm occurs naturally during sex so even sexually experienced women assume that they orgasm during sex when they don't. Consequently, there are women out there quite innocently misleading others about how easy it all is.

I am trying to highlight that the aversion that many women have to eroticism actually prevents younger women learning to enjoy how to orgasm. Equally the fact that so many women believe that vaginal intercourse is the only proper sexual activity, means that women may never learn how they can enjoy true sexual arousal with a lover.

Women's lack of appreciation of eroticism means that they often completely miss the point of sexual pleasure. They have no experience of enjoying true sexual arousal, which starts when the mind tunes into sexual fantasies and leads to orgasm through clitoral stimulation.

Very few women masturbate regularly as an adult activity in order to reach orgasm. Many women explain their sexual arousal in terms of their relationship and so they never understand why anyone would masturbate. Most women who claim to orgasm with a partner are talking about emotional sensations.

Women who learn to enjoy orgasm from female masturbation use sexual fantasies based on highly explicit sexual scenarios. These orgasms involve a release of sexual feelings. They are not necessarily any better than the 'emotional orgasms' women get from their loving feelings - they are simply different.

It's important not to be judgmental about other people's sexual experiences. But it can be misleading when we try to compare different women's explanations for orgasm because we are not necessarily talking about the same thing. An orgasm, in the sense that men would probably understand the term, involves a release of sexual feelings not loving feelings.

It must be difficult for a man to understand how different it is for a woman. We rarely experience erections and even if we do, we are much less conscious of them. The clitoris may have millions of nerve endings but we do not experience sexual arousal as easily as men do. So a woman enjoys emotional feelings from kissing but not a true hard on as men do.

CHAPTER 12

THINGS WOMEN LOVE ON A DATE WITH YOU

If you think that pleasing a woman on a date is as easy as buying her ice-cream or taking her to a movie then get prepared for a very lonely life ahead. Women need lots of attention to get mentally and physically stimulated and you might also need to loosen those purse strings to please them.

Read these tips on what women love from a date and implement them to make your woman as contented as a sleepy cat.

The 1st thing that women love is when you turn up on your date smelling nice enough to hug and kiss. Remember to look fresh and cool and never turn up on a date without a shower or without perfume on your body.

The 2nd thing that women dig on a date is when you turn up with a nice personalized gift along with a flower or a small bouquet. Make sure that you know your woman's interests before giving her a gift.

The 3rd thing that women love from a date is when you act chivalrous. Remember to open doors for her and pull up chairs for her at any restaurant.

The 4th thing that your woman would love is when you listen attentively to what she is saying. If you do not pay attention to her then be sure that she will cross-check by asking you to repeat what she said and if you fumble the results will be too gory to mention.

The 5th thing that women love is when you act macho and sensitive at the same time. Women like manly men but you should also remain sensitive to their needs.

The 6th thing that would attract woman towards you is when you spend money on her but with great sensibility. Women like rich guys that do not throw money unnecessarily but those that still spend sensibly on them.

The 7th thing that women love is when you are clear in your thoughts and offer genuine unadulterated love to her. If you subtly mention her name in your future plans after a couple of dates then she will simply love dreaming about a perfect future with you.

Hence, all you need to do is to follow these 7 tips and watch your woman fall head-over-heels in love with

CHAPTER 13

COMMUNICATION TIPS THAT WILL HELP YOU UNDERSTAND WOMEN

They say that men are from Mars while women are from Venus. While this may not be the case, it is well illustrated in the differences that the two of them have when it comes to the different aspects of life.

One area that the two really differ has to be when it comes to communication. There are some men who actually confess that they do not really have any idea as to what goes on in the mind of a woman.

Some are on the verge of giving up seeing as they can't seem to get it right. Today I plan to share some tips with you that will come in handy when looking to communicate with women. They will definitely help those people who are feeling stressed when it comes to this area. You will discover that communicating with a woman is not really rocket science.

You need to be keen on what a girl means when she says things. For instance, when she points out how she feels about a particular issue you need to assess the negative emotions that she may be going through as well.

I used to think that the first thing I should do was to go ahead and to stop the negative emotions by helping her to find a solution to her problems. I later discovered that this was the wrong approach.

I am happy that I was able to make this discovery. It is not wrong for one to feel negative especially if that happens to be a woman. At times, they do not even want a solution to their negative emotions.

They just want you to acknowledge the fact that they have a right to feel the way they do. They feel like they are justified to feel that way and you are better off acknowledging that they have that right.

The best way to make a woman happy during such a situation is:

Avoid telling her that she should not be having the negative emotions.

Do not start coming up with solutions for her problems.

Avoid coaching her on how to deal with her issue.

When she expresses herself, do not go on the defensive. Just listen to her with an open mind.

Despite the fact that she may be directing her negative emotions towards something you may have done wrong, try to listen and acknowledge what she feels. This will go a long way into making her feel better.

Sometimes, all a woman is looking for is just somebody who is willing to listen and make them feel understood. They have this need to feel that they are right so it is not advisable for you to start coming up with justifications as to why you did whatever you did. The last thing she wants is for you to start making her feel as if she is wrong to feel that way.

For starters, you need to show her that you are listening to her. Give her all your attention as she expresses herself. Look into her eyes and be sure to acknowledge her feelings with love. Try this out and you will be surprised at how positive things will turn out to be.

CHAPTER 14

UNDERSTANDING WOMEN INVOLVED WITH A COMMITTED PARTNER

While people think the other woman has no morals and no values, they have no idea what goes on in her head. And they have absolutely no idea why she is involved with a committed partner.

The thing is, the other woman is a woman - pure and simple. The only difference between you and her is that she is in a relationship with a committed partner. Trouble is, he's not committed to her. But there are two sides to every story and sometimes it's easy to vilify the person who seems to be in the wrong.

Is Love A Crime?

But is she really? What's her crime? Only falling in love - something that people do every day all around the world. And let's not forget that there are two people in every relationship, so why blame the woman alone?

After all, in many cases she's not the one who's stepping out on an existing relationship. Generally, she is in love with her man and that's why she's in a relationship with him.

Think for a minute about the man in all this. He is the one who is in a committed relationship which he is wrecking. He is the one who is lying and deceiving. If anyone should be called a homewrecker, it's him.

When women start relationships with a committed partner, they very rarely know that he is otherwise engaged. He will woo them and pursue them and make them feel like the only woman for him. By the time they discover the truth they can be in too deep.

The thing is that the man says all the right things. Even if he acknowledges that he has another commitment he is always on the verge of leaving, separated, going through a divorce, desperately unhappy, lonely or in any one of hundreds of situations which make the other woman feel there's hope.

While many men lie about their situation and make their wives out to be demons to lure the other woman into a relationship, much of the time they are in happy, healthy relationships. They're just bored - and they want the fun of having their cake and eating it too. It's not so much about the sex as about the thrill.

Married men will say just about anything to keep that thrill going, even promising to leave their wives. If they don't promise this, it's because they have kids who are keeping them at home.

All of these are plausible excuses which the besotted other woman is happy to hear. But unfortunately, these excuses are just a tissue of lies. Only 10% of married men actually leave their wives and family for the other woman.

Sometimes the other woman is also a thrill seeker, but in the long run many other women realize that the relationship has no future and manage to end it. This often happens at great cost to their reputations and careers. And the committed man? He can go back home to his wife.

CHAPTER 15

REASONS MEN DON'T UNDERSTAND WOMEN

Girls are highly complicated. Men see that she comprises clothes, smiles, lovely hairstyles, and several other things that cannot be mentioned here due to lack of space and also because of a need to be prudent. It is quite obvious that the above-mentioned do not comprise a girl.

It is also obvious that a girl cannot be a girl without all these things. Men have never been able to comprehend where the things that a girl uses end and where the actual girl begins.

A lot of girls would love to be men, except on certain occasions. At least, this is what they say, and this must part of their complicated nature. No man can fathom why on earth a girl would want to be a man.

Men turn pale before them, go cold and hot before them, chase after them and also run away from them, swear at them and also by them. A small-sized girl in lisle-thread stockings and a short skirt is able to twist strong men round her tiny finger.

In a way, men are lucky because girls are more fond of them than they are of other girls. There are different types of girls, and a single girl is not the same at all times. A girl by herself is not the same as she is in the company of her girlfriends. The same girl behaves differently when she is in the company of many men.

It is natural that a man prefers a girl as she is when she is alone. But it is not possible to have a lot of good at one time. If this was true, a bevy of damsels would have caused a lot of happiness in men, yet men are more fearful about facing a group of girls than they are about facing the bulls of Bashan.

Certain foolish men have made an unsuccessful attempt to build up the idea of an ideal girl. Such a thing as an ideal girl does not exist. If there was such a thing as an ideal girl, she would be nothing in comparison with the real girl, a being of flesh and blood--attributes that are really excellent in a woman.

Equally foolish men have treated girls as playthings. These men should not have tried to play with girls. They must have found out, sooner or later, that they were have a game with brimstone and fire.

The biggest spit-fire in the world can be extremely sweet. Yes, a girl, on the whole, is the sweetest thing known or knowable on earth. The most adorable thing nature has ever produced is the high-bred and high-spirited girl. A girl is quite aware of this, at the cost of men.

As a consequence of this awareness, her price has risen, and now man must pay a high price for a variety of things such as ices, chocolates, champagne, dinners, church visits, and sometimes immediate cash.

Men wish they knew everything there is to know about girls. However, it is good that they don't. This is in no way meant to disparage girls. The girl is an eternal puzzle to man, and it is the fact that she is a puzzle that draws man to her and arouses his curiosity about her.

In short, what a man doesn't know about girls would fit into a truck, and what he knows about girls would fit into a girl's little work box.

CHAPTER 16

WHY WOMEN SEEM MYSTERIOUS AND HOW TO ADAPT YOUR UNDERSTANDING

Sometimes men think that women are mysterious because women often do not behave the way we expect. That in and of itself does not mean women are inherently "mysterious."

It simply means that most of us, most of the time, perceive the world from our own personal worldview. We base our expectations of how other people will act on how we see the world.

We have all heard, seen, read and imagined things that give us a framework by which to understand the world and make sense of it. Our worldview includes all the unconscious ideas and understandings that come to us in ways in which we are probably not even aware.

Traditions, customs, the culture you live within and social practices you adopt, morals you have learned and even the words you use carry embedded meaning most people scarcely even think about. Your mind is developed to remember, recognize and decipher a world of signs, signals and meanings.

Since our individual worldview is also framed by what we think we know, (and a lot of what we don't even realize we think we "know") then that helps to explain why sometimes other people's behavior may seem incomprehensible and often mysterious.

This is most often true in communicating with strangers. We think we are communicating one meaning and they may see and sense something quite different. Often the difference is subtle. Sometimes it is just enough to leave you confused. How often do you come away with the feeling of "What just happened here?"

So, if each person's worldview is slightly different then how do we manage to communicate so successfully most of the time? The answer is that despite individual understandings we share much more in common than most people realize.

If you were dropped into a place where you did not speak the same language then chances are you would still understand a lot of non-verbal clues. You could probably tell if a woman was interested in you being there and if the guy standing next to her was not happy to see you.

This applies to people as a whole and it seems to apply most strongly within genders. Men and women have adapted remarkably well, even across cultures and languages, to recognizing signals that are of particular importance both to men and to women.

Men have developed a lot of communication signals in common with other men. Women have developed a lot in common with other women. Oddly, while men/men and women/women have a lot in common, men/women still remain a bit of a mystery to each other. Why is this?

Perhaps it is because women compete with other women for mates. Men compete with other men. It may not have been as important, over the course of thousands of years of development, for men to "understand" women as it was to recognize who would make them a good mating partner.

The same principle has applied to women, generation after generation. One could say that effectively, women have selected men to be the way they are, over and over. And again, the same has applied to men selecting women, over and over, to be just as they are.

So why the mystery between the sexes? One would think that over hundreds and even thousands of generations "the mystery" would have been sorted out by now.

So why do women sometimes seem mysterious to men? Here is my working hypothesis: "Both genders have been under complex and competing pressures to adapt to the changing social and physical environment for a long time.

The pressure for each gender to understand the other in the same way has just not been the predominant requirement for perpetuating the species. Recognition of other social traits has predominated for many generations; "understanding" in the contemporary sense has only developed more recently and is not as deeply embedded in people's hierarchy of needs. "

Contemporary studies do not tend to support the popular myth that women think in terms of cooperation and men in terms of competitiveness. Men and women are not remarkably different in how they think or communicate. They seem, however, to be different in how they feel about the world around them.

If you were to ask most men about how they imagine themselves in the world around them, they would likely say that they want to anticipate and control a situation. They want to be able to "sort it out" and make sense of it.

The whole idea comes from wanting to be able, at least as much as possible, to predict the outcome of a situation or interaction. Men would like to believe that when interacting with a woman she would tend to act a certain way because it makes sense.

Much of how people feel about the world around them is shaped by how they imagine they will feel or should feel under certain circumstances. The process of imagination may be fundamentally different between men and women. I think our "gender based imaginations" are different, and I think this is the basis of the perception that women seem mysterious to men.

CHAPTER 17

HOW TO ADAPT YOUR UNDERSTANDING

When a man tries to imagine how a woman will think, act and feel based on his own understanding he will likely find himself confused.

Does this really mean that men do not understand women all that well? I would argue that men largely do understand women. In fact, modern day men probably are right up at the top, as compared to previous generations of men, when it comes to intuitively understanding women.

However, there are different types of understanding and this illustrates both the problem and the solution to adapting.

Modern men do reasonably well at intuitively understanding what a woman needs, and when and how she wants attention. The communication between genders is highly evolved. Some people might not agree with this.

After all, there is the whole "mystery" thing that attracted your attention to this chapter in the first place. If you are reading this then you probably agree with the statement: "I want to understand communicating with women better."

The inherent problem in making sense of women is when men attempt to apply how men look at the world to how women act and extrapolate what causes them to act that way. The problem, the mystery, occurs when men attempt to understand women using the worldview that allows them to understand men.

They apply the wrong key to try to understand the code. Men see that women have a complex and highly developed way of making sense of the world but they have a hard time predicting women's behavior under a wide range of circumstances.

There is a lot that we can understand by looking at behaviors of larger groups as a whole under similar circumstances over time.

Does that mean that each individual woman does not know herself what triggers her own interest in an individual man? Well, in part, yes it does mean that. Women filter their experiences through imagined emotion in a way that is not necessarily intuitive to men.

Each woman's emotional response is not predetermined, at least not in a way that she can reference and say, "OK, that's what to expect." Their emotional response to a situation, in particular to a man, is not always going to coincide with how she thought she would react. Maybe it is mysterious, and then again maybe not entirely so.

Men and women imagine themselves in the world differently. This is not a bad thing, and in fact, it is a part of what helps to make life interesting. Think about it; if women always behaved the way you expected them to it would be pretty boring.

The excitement of finding new insights about people you have just met or are getting to know better can be some of the most interesting parts in your life's journey. Like it or not you are going to have to accept that any particular woman may not act the way you predict.

That uncertainty can create uncomfortable feelings when dealing with women. The feeling that you want to meet someone new and interesting but you have doubts about how it will turn out can be very frustrating.

For some men the uncertainty and doubt created by past failures becomes terrifying enough that they find the girl they thought they always wanted. If you are reading this then chances are you want to learn more about what causes confusion and how you can master your own outlook.

CHAPTER 18

WHAT WOMEN WISH MEN KNEW AND UNDERSTOOD

Women are complex beings that in a lot of ways, and to a lot of men, really might be from another planet, in another galaxy, set in an entirely different universe. Men simply do not understand why women seem to always be crying and hugging, why they insist on girl's nights out once a week, and why sex is a beautiful act that is an expression of love.

Men don't cry, don't discuss "feelings" and sex is a beautiful act of...getting off. What really trip men up when it comes to women is that since men simply do not understand women, they fail to even try to understand them. When you get right down to the nitty gritty though, women really aren't that complicated as long as you follow some simple rules with them.

Rule 1: Women view sex as something very different than men. Thus, the ways in which women are turned on, perform at sex, and generally engage in sexual acts is vastly different than men. Women are mental creatures and a few sexually charged suggestions will turn them on quicker than a grope at a restaurant.

Mentally women need to feel secure with the person they are sleeping with, and they need to feel as though the sex is not just an act that the man could be having with her the same as a blow up doll (even if that's true, they need to believe that it's not).

Most women can only be aroused by a man, who stimulates them emotionally, mentally, and physically, they have to have all 3 facets covered or the sex will be mediocre if it happens at all.

Rule 2: Women want to be treated as ladies. Not as unequal. Women do not want to depend on men for their every need. Women today do not believe that it is a sin to open the door for themselves or pay for themselves, but this does not mean that they don't find these gestures of genuine chivalry very attractive.

Even the most independent woman wants to feel as though she is a lady, a being to be treasured and adored as an object of beauty, just as long as it doesn't go so far that the man insists on making her every decision.

Rule 3: Women need to talk about things. This does not mean that women are asking for your opinion or that they want to go around and magically fix all their problems. They just need to vent. Men internalize things, women externalize things.

When a woman can speak her mind and vent, it is at the point in which the words have exited her mouth and gone right back in her ear that she can come up with her own solutions. Listen.

That is all that women really want for you to do. And most of the time you will be let off the hook anyway, because women are much better at speaking to their girlfriends about personal problems than with their boyfriends anyway, so keep that in mind the next time she is a wreck about the "bitchy" woman in the cubicle next to her.

Rule 4: Women have guy friends. And no, they aren't gay, so don't call them that. Some women just get along better with guy friends, and the guy friends, they hope, are just friends and not men waiting for the moment to jump in the woman's pants.

A woman's guy friends are not something to get jealous over. Most of the guy friends that women keep are friends that go way back in their past, and yes, some of them may be ex's, but that does not mean that there is a torrid affair going on behind your back.

Guy friends give women the truth that you wish you could, but without the teary-eyed fight that would ensue if you actually told her how her butt really looks in those jeans.

Rule 5: To understand women, try being friends with some. If you have any girlfriends, they are going to be your best bet in keeping your girlfriend happy. When a woman friend gives you advice, take it over the advice of your poker buddies.

Women understand each other and most women, unless of course you are "friends" with a woman you have scorned (remember hell hath no fury...), will steer you on the correct road when it comes to the lady you are dating.

If you are still in the dating game, listen to your girlfriend's advice when she gives it, you will go a long way to really hitting it off with your dates if you better understand how women think and feel on a first date.

Rule 6: COMPROMISE. A lack of compromise will make even the best of relationships crash and burn, and really this is all women want. A woman won't care that you are looking at a woman's butt or boobs, as long as you do it with your guy friends and refrain from doing in front of her, compromise.

A woman will have no problem with you going out with the guys and oogling over those women, if you don't have a problem with her going out with her friends, including her guy friends, compromise.

Woman will wear things that look attractive on them so that they turn heads, remember that she is on your arm, so be happy that she is dressed in such a sexy manner, and compliment her, compromise.

Sex should include foreplay and cuddling, she gets what she wants and you get what you want, compromise. Women do not get anything out of gorey, shoot 'em up movies, so trade off, a chick flick won't kill you and you might get some insight into the mind of a woman, compromise.

CHAPTER 19

THINGS MEN TO DO NOT UNDERSTAND ABOUT ATTRACTING WOMEN

The things that many men do not know about women is pretty vast; too many men are content to live within their own worldview and never really get to know and understand women.

This is really to their detriment. Once you understand what really attracts women you have taken the first and most important step toward having women be greatly attracted to you.

In this abbreviated version of the things that men do not know about women I will let you in on two of the hundreds of things. But they are two of the most important and essential things.

Men are often too nice.

Perhaps you have heard this one before. Nice guys finish last. Unfortunately this is true. If you are too nice you are trying too hard. You present no challenge. You have no air of mystery. You leave nothing open and leave no reason for a woman to desire you.

This is not to say that to be successful with women you need to be a jerk or rude. All this means is that you need to maintain a certain distance until she is attracted to you. Give her a chance to grow to care for you, do not smother her.

Men do not understand the basic things that women are attracted to.

Men like appearances. This is no huge secret. Really, we are quite shallow in this way. Women spend tons of time getting "pretty" for our enjoyment. Often a guy will think the same thing is true in reverse. "If only I looked better I could get that girl"

Completely untrue. Now if you are a complete "Choad" you may have a hard time, but a normal looking guy can get just about any woman. Women really like a man based on his

character. Go figure we like them for something that doesn't matter in the long run, and they like us for the important things.

There is of course a catch, when it comes to attracting women

They like you for your perceived character; not necessarily the reality, this is the reason why many girls are drawn to jerks. They want a man who is full of confidence and maybe slightly mysterious; this could be a great guy, but it could also be the calling card of an obnoxious jerk.

Once she is attracted that attraction can last a long while. Attraction is an emotion. Emotions are not logical, you cannot reason with them. She may know in her brain you are a better man, but if you come on too strong, she will never know it in her heart.

The things that men do not know understand about women could fill a novel and a long one at that. All you can do if you want to be successful with women is learn the important pieces and get to spend as much time with the fairer sex as possible.

CHAPTER 20

IMPORTANCE OF WOMEN IN MEN'S LIFE

Since the advent of a woman, it is evidently established that she is going to play a pivotal role in her spouse's life. Notwithstanding, she will be shaping her own personality in the society in a meaningful and dominant fashion.

The commencement of life marks the beginning of exchange of individual's thoughts and feelings to each other. Subsequently, it advances in a progressive fashion giving room for understanding each other. They adopt a path which is exhibiting lifestyle and values of their tribes, sects and sub-sects.

Although the environments, geographical conditions, culture, traditional and ritual rites differ divergently, yet reflecting their respective values of life.

Therefore, each partner evaluates one another's positive and negative aspects in both objective and subjective manner. Thus, it becomes obligatory and essential to understand partnership among them to facilitate towards peaceful coexistence.

The course of life since creation has undergone a phenomenal change. Though it was at a snail's pace, initially, yet it has taken a quantum leap in the present century. Consequently, it builds mutual respect and harmony in congenial environments among men and women.

When men and women are playing a constructive role then it will create a peaceful home and a viable working culture. Thus, it is all the more demanding on men to understand women as an entity and as a person.

In a society, whether liberal or orthodox, the fundamental perception of women's status is as a physiological weak person. Nevertheless, she reflects her strength establishing her strong personality.

She has different phases to show her inner strength on the situational basis. Aristotle commented in his rhetoric that a society cannot be delighted, unless women are happy.

It is unequivocally established that there is a woman behind every successful man. Practically, every woman wants her authority to be established independently and comprehensively in achieving success and fame.

She will contribute whole heartedly in securing her status in association with her own man and with the team, she is leading. Women always represent as a focal point in a family thus becoming a centripetal force in the society. Her strength lies in firmly holding the family tree, an organization and a nation. This particular aspect has left her imprints on the pages of history.

There are arguments and counter arguments on this subject as to understanding women, in general. Although, the majority of women are still remaining obscure, yet they do display their stubbornness.

The authorities and powerful men take advantage of her weak physiology and inherent introvert nature. Sigmund Freud says, "The great question that has never been answered, and which I have not yet been able to answer, despite my thirty years of research into the feminine soul, is what a woman wants?"

The question arises, why women are so important in our life?

Woman is a scorpion whose grip is sweet." Exploring the saying we will come to a definite conclusion that the partnership is incomplete without a woman.

Here, the men also play an important part in extracting maximum benefit out of women's talents and personality. If they treat women as insignificant and unimportant, then they will doom defeat. Otherwise, an enjoyable present and a vivid future lay ahead of them.

The culminating factors are basic and fundamental issues in daily life of men and women. Although women are loving and caring yet they are nagging on many issues. They should exercise restraint on issues, which are trivial in nature and insignificant in its totality.

Here, women's stagnant intelligence and myopic approach are exhibiting their stubbornness and adamant attitude. It compels her to be an indifferent person in her daily life. They must adopt a balanced and judicious approach and appreciate family values.

On the other hand, men suffer from their alter ego. They are responsible in making women adamant, irresponsible and uncaring. It is entirely men's responsibility to handle her in a mature manner rather than becoming impulsive and irrational.

Men are trying to gain favors of their spouses by undervaluing their own people and show disrespect to them in front of her. They are turning her to be an outlaw instead of a loving, caring and an acceptable person

CHAPTER 21

HOW TO SEDUCE ANY WOMEN

Understanding what women are looking for has always been a mystery to men but if you really want to seduce a woman you are going to have to master the art understanding her behavior, and let's face it, your own. I would go as far as to say that understanding women is the first secret to seducing.

For many men, the concept of how to seduce a woman is simply a mystery that would require studies equivalent to a psychology degree. It is incredible how different men and women really are and how difficult it is to get into one another's heads.

Fortunately for those who have mastered the art of seduction are willing to say share their insights and they tell us, believe it or not, that it is really much simpler to get the woman going then you might think.

You're certainly not going to be able to just following checklist, but there are some hard and fast facts that you can learn, practice and perfect. There are also techniques that can be followed and guidelines that can be given to get practically any woman you want.

The true key to seducing a woman comes as following some guidelines on the path you must follow to completely seduce a woman, mind, body and soul.

There are some uses which I find important in mastering the art:

Understand that men and women are different. There are different from good reason and thank heaven there are. So don't use this as a point of departure and assume that if they don't think like you do they are non-understandable. In fact you should assume that they will think just the opposite to what you do. You will get inside the head a lot easier that way.

You must get to know first, before you can make any significant moves. That is why communication is an extremely important aspect in seducing women. Effective communication is key. That's why you will have to get to know her to find out what her

needs are which helps greatly when it comes to pleasing her and what she is looking. There looking for so that you can satisfy the needs

With women in it is all, "how you make them feel." Being romantic of the languages they indicate that you are interested in a woman. So learn to be romantic.

Being in a hurry when seducing a woman is not the way to go. Not all men went to know that you are only interest in sex. So take time. Your patience is a virtue.

But all this takes a lot of time and effort. It is a great deal easier to consult with the experts if you're serious about seducing a woman. It is a tricky path to follow in my experience the time and effort is well worthwhile if you take the trouble to master this elusive art and get a girl.

CHAPTER 22

LEARN TO READ HOW WOMEN FLIRTING DISPLAY CERTAIN BEHAVIOURS

When thinking about flirting with women, many men concentrate their thoughts and efforts solely on finding tips about flirting for guys to help them with this. However, they're making a big mistake focusing only on this, as they are overlooking a massive part of trying to understand the process as a whole and this incorporates the behaviors that women flirting display too.

By learning to recognize how women flirting behave, this means that you are much more aware of opportunities that you may have never known existed before and can therefore learn to capitalize on these too.

Rather than just thinking about your own flirting, it opens up many other possibilities as you will begin to notice when women are flirting with you and your efforts will no longer just be a one way street.

You will begin to see that women may in fact have been flirting with you all along and trying to let you know that they are interested in and attracted to you, but have just been waiting for you to make a move and you've been too blind to see it.

For example, have you ever had a conversation with a woman where she has been playing with her hair, twisting it around her finger as she speaks to you, or brushing it back with her fingers to show her neck a little. If so, what did you do about it?

Did you even realize that she was more than likely flirting with you at the time? The answer is probably no and as a result you would have missed an opportunity to flirt with her and maybe get to take things to a further stage, by getting her number or arranging a date.

Another subtle signal that women flirting will often use whilst talking to you, will be to draw attention to their lips or mouth whilst having a conversation with you. You may not initially think it, but the mouth is a highly sexualized part of the body, with many

connotations based around it and women use it to create sexual tension and plant suggestive ideas in your mind.

However, this only works if you know how to read these signals. Look for things like her moistening her lips with her tongue, playing with a straw or pen by rubbing it against her lips, or softly biting her lip.

A woman may even do these things from across a room and when you haven't even spoken to her yet, so pay attention to this and keep your eyes peeled for these flirting signals that women give.

The last two behaviors women flirting display have been relatively subtle in the way they are shown, but this final point, or combination of things almost definitely means that a woman is interested in you and trying to get you to take notice. This is when she begins entering your personal space and touching you whilst you are talking with her.

This may be something like her leaning in to whisper something in your ear, or touching you on the arm and laughing when you say something funny. This shows that she feels comfortable around you and is also your cue to start doing the same, taking things to the next level, being that of physical interaction between the two of you.

So when you are next out and you recognize that a woman is doing any of these things with you, you will now know how to respond and flirt back with her, taking the pressure off you feeling that it is always down to you to initiate things.

Having read this, you may even now realize that someone may have been doing these things around you and it's now time for you to take action and do something about it.

CHAPTER 23

THE BEST WAY TO APPROACH WOMEN

First impressions are incredibly important. Think about it. When you meet someone, you probably decide whether or not you like them within the first thirty seconds or so. That doesn't mean you're judgmental or anything, that's just how most humans work.

So obviously, if you're trying to get a date, you need to nail the approach to a girl, otherwise she'll decide right away that she doesn't like you, and you'll have to move on and try again. Not the end of the world, but you'll save yourself a lot of hassle if you just get it right the first time.

One of the biggest mistakes that men make about this kind of thing is doing too much of what you're doing right now. Reading things about dating, whether online or in a book, like this can help you out a fair bit.

They can help you understand women better, but you won't really start learning until you start applying the things you read to real life experiences. As soon as you start doing that, you'll find you start learning much faster, and soon enough you'll be getting dates left right and centre. You won't get any dates by just reading things.

All right, on to the approach. This isn't the same technique you read everywhere else. I'm not going to tell you to make jokes, compliment her, or even make eye contact too much. Those are the standard pieces of advice, and they're over used.

Women have figured them out. What you need to do is communicate in two ways. With your words, communicate like you would with a friend. Just be nice, friendly, but don't talk like she's some goddess. And you try your best to communicate the ideas of sex or relationships with your body language.

What's at play here is a fundamental difference between men and women. A lot of guys think that they should approach girls the way they'd like to be approached. They want a girl to walk up to them and lay it all on the table, making everything clear. Girls don't like it when men do that at all; it's far too blunt.

Girls prefer when things are a bit subtler. They like mysteries, and chasing the man. Making her wonder whether or not you're interested is far more likely to result in a date than telling her that you're interested.

CHAPTER 24

THE ART OF CONVERSATION WITH WOMEN

For men, women are probably the most complicated creatures to deal with. Men would rather tinker with any gadget that they love in a corner than try to understand women. Most men think this is so because they have difficulties of dealing in a conversation with women, which is of course, the first step in knowing what is going on within the feminine psyche.

If you are such person, better recall the things that you did when you tried to have a conversation with women-you may have had a mistake in one of your moves. Here are three tips on how to capture a woman's attention through the art of conversation.

First, always be on the lookout on what hobbies she might be into. You can know something about this through the flow of conversation you will be having with her. The good thing about women is that they generally show their feelings more than men.

One can easily spot hints on a woman's emotion. Perhaps other women smirk when they find a topic distasteful, or laugh heartily regarding a joke that someone has shared. You should be attentive with these clues.

If she has mentioned that she went out with some of her friends on a movie date, then you should ask her about what they have watched, and then follow up that question with what types of movies does she like. Apparently, other topics will stem from that conversation, and you should be smart enough to spot those topics that she goes gaga for.

Second, always put a little bit humor on whatever you say. Keep in mind that women love anyone who makes them smile or laugh. You can crack up a joke of your own, and then build up this topic to other subjects. On the other hand, some men are a hit with women even if they are not cracking up jokes.

Other men have a natural sense of humor that just shows through the conversations that they share with others, and that is exactly what anyone should learn to do. It is best to find something comical and humorous with something that happens in the course of

everyday activities, and make sure that these jokes are never offensive not only for women, but for anyone else.

Third, women love men with confidence. If you are brave enough to show confidence in the course of your talk, expect that you will get the woman that you want, hook, line and sinker. How do women know that you have enough self-esteem?

This characteristic is shown in the way you talk, and how you handle yourself. For example, she inquires about the nature of your work, you can say something about the perks regarding your work, or what you really love about it, without being haughty about how much money you have made.

Women love men who are sincere about themselves, and this is one of the key aspects that you should remember in snagging a conversation with women.

CHAPTER 25

WHAT WOMEN HATE

Since time immemorial, men are always having a hard time understanding women. Indeed, this is true and this is because women tend to contradict themselves. What they tell you may not be the same thing that is in their mind.

For example, she may tell you she is okay but in her mind and in reality she is not. Another instance, she may ask your opinion about the dress she is wearing and when you say it does not fit her she storms out of the room. This is because she was secretly hoping that you would say the opposite and tell her that the dress suits her.

This is the very same thing why it is hard to figure out what women do not like about men. However, over the years relationship experts have compiled a list that contains some male characteristics or male attributes that women do not really appreciate.

Women do not appreciate men who act like security guards or monitors. This means that they do not appreciate being poked around about their day-to-day activities.

They can even find regular phone calls annoying especially if you keep on calling her every fifteen minutes even while she is driving. If you do this, you will make her trapped and you will appear to her as a control freak.

Although bragging can catch a woman's attention, this may not do you well especially on the first date. In the hopes of impressing a woman on the first date, you have the tendency to brag about anything in order to prove your masculinity. Unfortunately, this will give the impression that you care more about your money and your toys than her and women do not like that.

Insensitivity is something that women do not appreciate as well. They do not like it when you ignore their feelings and just yap about anything without considering how they feel. A little sensitivity will surely win their heart.

CHAPTER 26

STEPS TO UNDERSTANDING WOMEN BETTER

Women are generally regarded, especially by men, as complex beings whom we have no hope of even beginning to understand. This sense of aura that we put around them is what leads to failed relationships because without understanding her, you cannot please her.

Since the closest a man has ever gotten to a woman is his mother whom he did not have to understand, most men do not make an effort to understand women better and learn how their thinking, emotions and actions are connected. In order to relate better to the women in your life, here are 5 important tips on understanding women.

1. Know the differences between men and women

Biologically, emotionally and physically men and women are not similar. Physical differences are obvious; it is on the much deeper emotional and mental level that muddles us.

For one, women tend to have a more detail oriented perspective because of their better sense of vision and smell. That's why your girlfriend or wife will bite your ear off for dropping that small wrapper on the floor.

Another major difference is in how they think and react to situations. Emotions tend to be on the forefront of most thoughts and actions. This is partly why ladies love emotions-filled soap operas.

Their actions may also be governed a lot by their emotions rather than logic. Lastly, their thinking is more long term and she is unlikely to forget what you said when you were drunk in the middle of the night.

2. Do not put her on a pedestal

Very many boys, especially those who did not grow up around girls, grow up with a notion that women are better than men. This presumption goes on until adulthood. The effect of

this is that men cannot make an effort to understand something they think is on a higher scale than them.

So they give up and treat women as if they were angels. Women are normal human beings and while some are good you will discover that a large majority can be unpleasant to interact with, as it is with men. They make mistakes just like anyone else.

3. Know the importance of an emotional connection

As mentioned in the first point, women are led by emotions in most of their thinking and actions. So in relating to a woman, be sure to make an emotional connection with her before you go on to the physical. She wants to feel loved and valued.

This is an important tip when your significant other seems disinterested in sex. Instead of feeling angry or pushing her to do it, try to get a little emotional. This does not mean that you should cry, it means that you should try to connect to her heart first. Have a long talk with her, ask her how she is feeling and maybe even hold her.

4. Learn the art of communication

The most important part about understanding women is communication with them. This is what will build or break your relationship. In communicating with women, listening to them and making them know that their opinions matter is very important.

The point here is to make her open up and tell you exactly what's going on inside her mind. Learn how to listen and respond appropriately. Other aspects of communication include complementing her, not comparing her to other women and giving her words of affection often frequently. On your part you have to be gentle, supportive and at times humorous.

5. Understanding what she says and what she means

It is often said that women say one thing but mean the opposite. This is in fact true in most cases especially those involving people she is close with and emotionally attached to such as a spouse, a parent or a friend. The secret is not to take what she says at face value, learn how to read her emotions.

If she says everything is okay but is strangely silent you would be stupid to think that everything is all right. It may seem difficult but as you get closer to a lady and know more about her, reading her emotions will be second nature.

The most important piece of advice that will help you in any situation where you have to deal with a woman is to put yourself in her shoes. With the above tips in mind, try to think what she is thinking and the actions she is likely to make. This will help you in anticipating what she will do hence ensuring that you will not be caught unawares.

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CHAPTER 27

QUALITY INSIGHTS GUARANTEED TO MAKE YOU MORE SUCCESSFUL WITH WOMEN

Women don't really make much sense to men. Most men are unable to understand or comprehend why women behave the way they do. It just doesn't make any logical sense. But then again, neither do men (to women). The reason for this is that both men and women have a totally different set of needs.

That's why most of the things that seem to work on women don't make much logical sense. Now you might be thinking, if it doesn't make sense, then what's the point? Well, if it works, then why does it matter?

Different means of fulfillment

I have heard many men say, "I hate how women always have to be involved with drama. I just can't understand it." Here is what I have to say about that. Drama fulfills a lot of needs for women.

It helps them get attention, it sends them through an emotional rollercoaster (emotions are very addictive chemicals), it is a means of entertainment, it prevents them from getting bored, it's a way to convey their self-righteousness, and a lot of other things. There are many reasons that women engage in drama that don't really make sense to us at first.

We aren't that easy to understand either

Our inability to understand why women associate themselves in so much drama is very similar to maybe a woman saying "I hate how guys are always only talking about sports." Just as drama fulfills a lot of their needs, sports also fulfill quite a few needs for men.

We feel adrenaline, it's a medium for competition, it allows us to display power and domination, all stuff you would typically associate with guys. It's quite a coincidence that women don't really have any of those needs, right?

It's beneficial to directly address this issue

When you help someone in particular make a significant realization, they will start to view you as powerful and see you as kind of a guru instead of thinking of that realization as powerful. That's why if you can convey to her that you are the selector and not the selectee, it will leave a dramatic impression on her.

You can start by making it clear to her how men and women differ in certain aspects, but also making her understand what kind of behavior you are going to put up with and what you will not put up with. Women are truly fascinated by these sort of insights, and they will even start to think of you as some sort of psychic.

CHAPTER 28

DATING SECRETS EVERY MEN MUST KNOW

Women are programmed differently than us men. Evolutionary and psychological forces have shaped men and women in ways that still affect us in today's modern society. Women are far more emotional creatures than us men, and are therefore more in tuned to their feelings. For some women, emotions are facts.

Even though women might not always make sense to men, there is an irrational logic to women that can be understood. There is a way to figure women out, but you first need to know the secrets.

Here are my top 3 secrets for understanding women and the female mind. Use this knowledge to your own advantage, and you'll triple your success with women and dating.

1 - Women like to play

Women hate certainty. It is true. She might say that she wants to know everything about you, but if you give away too much about yourself, too soon, it will kill her attraction for you.

If a woman knows exactly how you feel for her, it will lower your attractiveness in her eyes. A woman likes a little mystery in her man. Don't always give a woman a direct answer when she asks you a question. Don't always call her when she expects you to. And don't give her everything she wants of you. Play with her a bit, and let her want you more.

Teasing is great way to do this. When communicating with women, you need to be playful. Don't be afraid to make fun of her now and then like she's your spoiled little sister. Find a little insecurity, and playfully tease her.

Women love this kind of thing, as long as the humor and teasing is not mean-spirited. Your goal is to tease to please.

2 - Women want to have fun

Women look for men who can help them escape. When a woman is with her man, she wants to relax and have fun; she doesn't want to think about her responsibilities in life.

Most guys act needy around women. They call her too much, text her every few minutes, and threaten her sense of personal freedom.

Most women are bored with their job, their family, and their regular routines. She needs to escape this boredom, and you're the Prince Charming to give this to her.

Here's your chance to be the fun and unpredictable guy for her, instead of the regular boring guy she's used to dating. Instead of going to a movie, how about going to an arcade to challenge her to some video games? Instead of taking her out for dinner, take her out to see a live band. Go shopping with her to a funky store she's never been to before.

These kind of things allow her to escape her regular routine, and she'll subconsciously link all these good feelings to you.

3 - Don't try too hard

This one took me a while to figure out. Most guys are always thinking about what to do, but sometimes it's just as much about what you DON'T do.

Working too hard to build attraction can make you seem desperate and needy. You never want to work too hard for a woman's approval. It is ironic, but women are generally more attracted to men who seem a bit distant at times, even indifferent. It is sometimes easier to get a woman more interested in you by spending less energy in trying to attract her.

You can never force a woman to like you. Trying too hard will only backfire on you. Be cool, relax, and take it easy. Let her work for it as well. Women are attracted to men who can challenge them. Don't be afraid to pull back every now and then and make her chase you.

Don't make it more complicated than it is. To get more women chasing after you, all you need to know are a few simple techniques and a few psychological principles.

CONCLUSION

If you have been fruitlessly searching the web for information to help you understand women then you also must be wondering, what is the best relationship advice for men?

And what exactly do I need to know to make a healthy long lasting relationship work? Well here is some free I hope this guide has answered most of the questions about relationship advice to help you with your quest to understand women.

If you want to understand women, do not get advice on women from other women. Especially if it is from your partner, girlfriend, wife, etc. Sometimes they will tell you what they really want, but other times (and I know from experience) they will tell you one thing when in fact they really mean another.

They will do this just to see how well you know them and so they can see if you really know what they like or dislike.

Or you can see women saying and doing this. A women may tell you that what they want to find in life is a caring, thoughtful man who will listen to them. Instead you find them going out with a guy who loves to dominate the conversation.

You may also hear a woman say that they want a guy who has a great sense of humor. Then they end up with a guy who works all the time but is bringing in the dough.

Not every woman will do this, but there are still many of them that will. They say one thing, but choose another. Why do they do this? The answer lies in the subconscious motivators for getting together. This is the main tip you need to walk away from this book with to help you understand women.

Historically, the only reason that men and women get together is purely biological. Humans need to meet and propagate in order to continue the existence and survival of our species. Although getting married and having children may be the very last thing on her mind when you meet her, subconsciously her body is looking for an appropriate mate.

On our quest to getting to understand women we may ask, but don't they want someone who is a good listener? On the outside yes they do, but subconsciously they want someone

who they know will provide for their children. You may be the most understanding person in the world and a very good listener, but if you do not look like you can bring home the bacon and take care of her, then she will probably move on.

Women need to be with men that they know can provide for them and take care of them. Biologically men can continuously produce healthy and strong sperm throughout their entire lives.

Women unfortunately only have about 400 chances in their lives to produce a baby, between their first menstrual cycle up to menopause. Because of this, they need to know that their man will be a fit mate and can provide them with stability.

But just having a stable income will not be enough. To understand women, you have to know that they want you to be generous with them too. That is why they find receiving gifts such as jewelry, especially on special occasions such as anniversaries, to be extremely important.

This may also be the reason why they expect their engagement ring to be such a large purchase. Why does she want an expensive ring when you propose to her?

She wants it, not only because it is traditional and romantic, but because it is something tangible that she can see that will show that you can provide for her and her children. Even if it does lighten your wallet for a while.

So, if you want to understand women in a different way, you have to figure what they want from an evolutionary point of view. Once you learn and understand that, then you are one step closer to know what to give them.